THE 1:1 DIET by Cambridge Weight Plan

DETAILED PRODUCT SPECIFICATION

THE 1:1 DIET

WF GOLDEN VEGETABLE

Reason for issue: First issue.

Tariff Code	Recipe Code	Recipe Revision	Revision Date
21041000	998417	1	23/09/2008

Product name	Golden vegetable water flavouring	
Product description Vegetable flavour drink mix with herbs and spices.125 g per tub.		
Preparation instructions	Preparation instructions Add a level teaspoon (5g) or to individual taste to 250 ml of hot water and stir well.	
	Once made-up consume within 1 hour.	
	Replace lid tightly after use. Use within 6 weeks once opened.	
Shelf life, transport and	Transport in food suitable ambient vehicles.	
	Finished products should be kept in cool, dry conditions typically 10-20°C. They must be stored	
storage conditions	off the floor. Products should be stored away from direct sunlight and other direct sources of	
	heat wherever possible.	
	Shelf life 12 months from date of manufacture in unopened original tub.	
Batch code information	'L' to denote lot batch, followed by packing shop order and sequence number, e.g. L123456-1	
Batch code information	and time.	
Packaging information	265ml polypropylene tubs and a low-density polyethylene/high density polyethylene lid.	
Additional information	Manufactured in the UK by Cambridge Weight Plan Ltd, NN17 5LU.	

Ingredient List

%	Ingredients
100.00	Sea salt, Potato starch, Yeast extract, Palm fat, Vegetable powder (parsnip, onion, parsley), Maltodextrin, Sugar,
100.00	Spices (celery)

Allergen advice: For allergens, see ingredients in bold. Not suitable for people with nut or sesame seeds allergy.

Additional Allergen Info	Not suitable for people with allergy to nuts or sesame seeds.	
	The factory handles cereals containing wheat, gluten, milk, soya, celery, sulphites, peanuts and other nuts. This product is not suitable for vegans.	
Note	Soya ingredients used in this recipe come from Identity Preserved (IP), Non-Genetically Modified sources. Please contact the Company if you require information on other potential allergens or lifestyle choices.	
Suitability	Suitable for vegetarians.	

Nutrition Information		per 100 ml	Per 250 ml serving
Energy	kJ	17	43
	kcal	4	10
Fat	g	<0.5	<0.5
Of which Saturates	g	0	0
Mono-unsaturates	g	0	0
Polyunsaturates	g	0	0
Carbohydrate	g	< 0.5	1.2
Of which Sugars	g	0	0
Starch	g	0	0
Fibre	g	0	0
Protein	g	< 0.2	0.5
Salt	g	0.88	2.2

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Specifications\Golden Vegetable DETAILED Product Specification 16-03-2020 v1.0.docx	O. Zep	C. Sharkey	
If the Approved By signature is RED this is a CONTROLLED DOCUMENT.			



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GOLDEN VEGETABLE

WF



Sensory Description

Appearance	Pale green-yellow water with vegetable pieces.	
Aroma	Savoury, vegetables.	
Flavour	Savoury, salty, vegetable notes.	
Texture	Water-like with small vegetable pieces.	

Microbiological standard

Organism	Target	Accept	Reject
Aerobic colony count	< 1,000 c.f.u /g	< 10,000 c.f.u /g	> 10,000 c.f.u /g
Staphylococcus Aureus	< 20 c.f.u /g	< 100 c.f.u /g	> 100 c.f.u /g
Salmonella	Absent in 25g	Absent in 25g	Present in 25g

c.f.u = colony forming units.

Heavy Metals Limits

Lead (Pb)	Less than 0.30 mg per kilogram
Cadmium (Cd)	Less than 0.05 mg per kilogram
Mercury (Hg)	Less than 0.02 mg per kilogram
Arsenic (As)	Less than 0.20 mg per kilogram

Total aflatoxins: less than 5 microgram per kilogram.