

Technical Data Sheet (Product Information)

Product Name	Chocolate Mug-Cake (MRP)		
Descriptive Name	Chocolate flavour milk and soya protein cake mix. With sweeteners. Meal replacement for weight control.		
Serving Size	Individual Serving	Pack Size	54 g e
Ingredients	Ingredients: Skimmed milk powder, White self-raising flour (wheat flour (with added calcium carbonate, iron, niacin, thiamin), raising agents (mono calcium phosphate, sodium bicarbonate)), Soya flour, Chocolate chips (sugar, whole milk powder, cocoa butter, cocoa mass, emulsifier: lecithins (soya), natural flavouring), Soya protein isolate, Reduced fat cocoa powder, Soya lecithin, Milk protein, Powdered cellulose, Flavouring, Stabilisers (xanthan gum, carrageenan), Compound vitamin and mineral mixture (maltodextrin, vitamin C [ascorbic acid], ferrous fumarate, vitamin E [dl- α tocopheryl acetate], vitamin B3 [nicotinamide], vitamin A [retinyl acetate], manganese sulphate, zinc oxide, copper gluconate, D-biotin, calcium D-pantothenate, vitamin D3 [cholecalciferol], chromic chloride, vitamin K [α -phyloquinone], vitamin B6 [pyridoxine hydrochloride], folic acid, vitamin B1 [thiamine hydrochloride], potassium iodate, sodium selenite, sodium molybdate, vitamin B2 [riboflavin]), Sodium citrate, Maltodextrin, Magnesium oxide, Sweeteners (acesulfame K, sucralose).		
Allergen Advice	For allergens, including cereals containing gluten, see ingredients in bold . May also contain gluten from other cereals. Not suitable for people with peanut, tree nut or sesame seeds allergy. Suitable for vegetarians.		
Storage Suggestions	Store in a cool dry place away from direct sources of heat.		
Preparation Instructions	Place mixture into a standard mug. Add 55ml of cold water and mix well until smooth. Place in microwave on full power for 2mins (900w) to 2 mins:30 seconds(800w). For best results, consume from your mug-cake within 10 minutes.		
Instructions for use	Do not reheat.		
FBO Address	Manufactured in the UK by Cambridge Weight Plan Ltd, NN17 5LU.		
Country of Origin Statement	None.		
Advisory Statement	None.		

Nutritional Information	Units	Per 100g	Per 54 g serving	%RI per 100g / 54 g
Energy	kJ	1614	872	
Energy	kcal	383	207	
Fat	g	8.8	4.7	
of which saturates	g	2.8	1.5	
Mono-unsaturates	g	0.8	0.4	
Polyunsaturates	g	2.7	1.4	
Carbohydrate	g	46	25	
of which sugars	g	27	15	
Starch	g	2.8	1.5	
Fibre	g	6.0	3.3	
Protein	g	27	15	
Salt	g	1.2	0.65	
Vitamin A	µg	853	461	
Vitamin D	µg	6.5	3.5	
Vitamin E	mg	10	5.5	
Vitamin K	µg	63	34	
Vitamin C	mg	69	37	
Thiamin	mg	0.9	0.5	
Riboflavin	mg	0.8	0.4	
Niacin	mg	14	7.3	
Vitamin B6	mg	0.9	0.5	
Folic Acid	µg	111	60.0	
Vitamin B12	µg	1.4	0.8	
Biotin	µg	33	18	
Pantothenic Acid	mg	3.4	1.8	
Potassium	mg	1131	611	
Chloride	mg	453	244	
Calcium	mg	569	307	
Phosphorus	mg	523	283	
Magnesium	mg	265	143	
Iron	mg	13	7.2	
Zinc	mg	6.2	3.3	
Copper	mg	1.0	0.5	
Manganese	mg	2.1	1.1	
Selenium	µg	49	27	
Chromium	µg	40	22	
Molybdenum	µg	52	28	
Iodine	µg	228	123	

Distributor & Internal Teams Information

Packaging Format 21 x 54 g e or 7 x 54 g e

Shelf Life 12 months from date of manufacture

Product Type Meal Replacement

CN Code	HS Code	Recipe Code	Recipe Revision	Revision Date
18069070	180690	367301A	1	15/07/2024

Product Images



Organoleptic / Sensory Description

Appearance Dark brown, soft sponge.

Aroma Sweet, chocolate.

Flavour Sweet, chocolate, cake.

Texture Soft, light, airy, moist.

Additional Nutritional Information

¹This product is compliant with Commission Regulation (EU) No 2019/649 which stipulates that the trans-fat content of food intended for the final consumer and food intended for supply to retail shall not exceed 2g per 100g of fat. This limit excludes trans-fats which occur naturally in fats of animal origin.

² In compliance with EU Regulation 2016/1413 this product contains at least 1g of linoleic acid per portion.

Compound Vitamin & Mineral Mixture – Ingredient Details		
Ingredients	mg / 100g in product recipe	mg / portion in product recipe
Maltodextrin	575.34	310.68
Vitamin C [Ascorbic acid]	99.84	53.91
Ferrous Fumarate	31.69	17.11
Vitamin B3 [Nicotinamide]	19.70	10.64
Vitamin E [dl- α tocopheryl acetate]	14.79	7.99
Zinc Oxide	4.68	2.53
Calcium D-pantothenate	3.98	2.15
Manganese Sulphate	3.78	2.04
Copper Gluconate	2.16	1.17
Vitamin B6 [Pyridoxine hydrochloride]	1.51	0.81
Vitamin A [Retinyl acetate]	1.35	0.73
Vitamin B1 [Thiamin hydrochloride]	1.07	0.58
Potassium Iodate	0.21	0.11
Vitamin B2 [Riboflavin]	0.16	0.08
Folic Acid	0.11	0.06
Vitamin K [α -phyloquinone]	0.09	0.05
Sodium Selenite	0.09	0.05
Sodium Molybdate	0.06	0.03
Chromic Chloride	0.05	0.03
D-Biotin	0.04	0.02
Vitamin D3 [Cholecalciferol]	0.01	0.00
Dietary Preference Information		
Vegetarian Status	Suitable for vegetarians.	
Vegan Status	Not suitable for vegans.	
Halal Status	Product is halal certified.	
Ingredients Appropriate for Pictorial Representation	Chocolate.	

Nutritional & Health Claims Information

Claim	Justification	Conditions
"Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss"	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	To bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
"Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss"	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	To bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
"High Protein"	The energy from protein in this product is >20% of the overall energy content.	None, unless a corresponding health claim is made.
"Source of Fibre"	Product contains a minimum of 1.5g of fibre per 100kcal or at least 3.0g fibre per 100g.	None, unless a corresponding health claim is made.
"High [Vit/Min]"	All vitamins and minerals in the nutritional declaration provide at least 30% of the RI/NRV.	None, unless a corresponding health claim is made.

Micro Profile

Organism	Target	Accept	Reject
Aerobic Colony Count	< 1,000 c.f.u / g	< 10,000 c.f.u / g	> 10,000 c.f.u / g
Staphylococcus Aureus	< 20 c.f.u / g	< 100 c.f.u / g	> 100 c.f.u / g
Salmonella	Absent in 25g	Absent in 25g	Present in 25g

Heavy Metal Limits

Lead (Pb)	Less than 0.30mg pr Kg	Mercury (Hg)	Less than 0.02mg pr Kg
Cadmium (Cd)	Less than 0.05mg pr Kg	Arsenic (As)	Less than 0.20mg pr Kg

Microbiological Standard (c.f.u = colony forming units). Total aflatoxins: less than 5 microgram per kilogram.

Version Control (Technical use only)

Revision	Reason for Revision	Issue Date
1.0	Product launch.	10/07/2024
1.1	Halal status confirmed.	26/09/2024