# Product Information Document MRP SPAGHETTI BOLOGNESE FLAVOUR PASTA





#### **Product Summary Information**

| Product Name                             |          | Spaghetti Bolognese flavour Pasta |   |  |             |                            |      |             |         |          |                     |       |
|--|----------|-----------------------------------|---|--|-------------|----------------------------|------|-------------|---------|----------|---------------------|-------|
| Product Descriptive Name                 |          | _                                 | Bolognese flavour spaghetti and textured soya protein mix. With sweetener. Meal replacement for weight control. |  |             |                            |      |             |         |          |                     |       |
| Energy per 100g: 1616 kJ/3               |          | 1616 kJ/3                         | 84 kcal Energy per portion:   |  | on: 905     | 905 kJ/215 kcal Shelf Life |      | e at Launch | 9 m     | onths    |                     |       |
| Summary Allergen Statement  Product Type |          |                                   | sesame seed   | Product contains: <b>Soya</b> , <b>Gluten</b> , <b>Sulphites</b> . Not suitable for people with peanut, tree nut or sesame seed allergy.  Meal replacement |             |                            |      |             |         |          |                     |       |
|  |          |                                   |   |  | С           | ategory (✓)                |      |             |         |          |                     |       |
| Shake                                    | Smoothie | Soup                              | Porridge  | De   | essert      | Savoury<br>Meal            | Bite | s           | Bar     | Snack    | Water<br>Flavouring | Other |
|  |          |                                   |   |  |             | ✓                          |      |             |         |          |                     |       |
| CN Code                                  |          | HS Code                           | de Recip  |  | lecipe Code |                            |      | Recipe Revi | sion    | Revision | Date                |       |
| 19023090                                 |          | 190230                            | 0 Pend  |  | Pending     | ding 1                     |      |             | Pending |          |                     |       |





| Organoleptic/Sensory Description                             |   |  |  |
|--|---|--|--|
| Appearance Pasta with deep red sauce with soya protein mince |   |  |  |
| Aroma  | Tomato, pasta, sweet, salty, savoury, garlic        |  |  |
| Flavour Tomato, pasta, sweet, salty, savoury, garlic         |   |  |  |
| Texture  | Smooth sauce with soya protein mince and firm pasta |  |  |

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Circulation: Technical Record Sheets Folder

### PRP-06-TEC-034 V1.0 28/06/2023

### **Product Information Document**

### MRP SPAGHETTI BOLOGNESE FLAVOUR PASTA



THE 1 DIET

### Mandatory Particulars As per Regulation (EU) No 1169/2011 of 25/11/2011

| Product Name                                   | Spaghetti Bolognese flavour Pasta  |                                       |   |  |
|--|--|---------------------------------------|---|--|
| Descriptive Name                               | Bolognese flavour spaghetti and textured soya protein mix. With sweetener. Meal replacement for weight control.  |                                       |   |  |
| Serving size / pack size                       | Individual 56g C   |                                       | For multipack include number x<br>weight / volume, e mark and total |  |
| <b>0</b> • • • • • • • • • • • • • • • • • • • | Multipack / carton   | 7 X 56g $\Theta$<br>14 X 56g $\Theta$ | weight in brackets  |  |
| Ingredient list                                | Ingredients: Textured soya protein (soya flour, colour: sulphite-ammonia caramel), Pre-cooked spaghetti (wheat) 33.6%, Seasoning (tomato powder, soya lecithin, natural flavouring, thickener: modified waxy maize starch, garlic powder, sugar, onion powder, herbs (oregano, sage, basil, marjoram, parsley, thyme), yeast extract, colour: paprika extract, spice: paprika), Calcium phosphate, Potassium chloride, Powdered cellulose, Acid: citric acid, Compound vitamin and mineral mixture (maltodextrin, vitamin C [ascorbic acid], ferrous fumarate, vitamin B3 [nicotinamide], vitamin E [dl-α tocopheryl acetate], calcium D-pantothenate, zinc oxide, copper gluconate, manganese sulphate, vitamin B1 [thiamine hydrochloride], vitamin B6 [pyridoxine hydrochloride], vitamin A [retinol acetate], vitamin B2 [riboflavin], folic acid, potassium iodate, chromic chloride, vitamin K [α-phylloquinone], sodium molybdate, sodium selenite, D-biotin, vitamin D3 [cholecalciferol], vitamin B12 [cyanocobalamin]), Magnesium oxide, Flavouring, Sweetener: sucralose. |                                       |   |  |
| Allergen Advice                                | For allergens, including cereals containing gluten, <b>see ingredients in bold.</b> Not suitable for people with peanut, tree nut or sesame seeds allergy. Suitable for vegetarians.   |                                       |   |  |
| Storage Instructions                           | Store in a cool dry place away from direct sources of heat.  |                                       |   |  |
| Preparation                                    | Pour the contents of your sachet into deep microwavable bowl. Add 200ml hot water and microwave on full power for 1 minute and 30 seconds. Stir thoroughly and microwave again for further 1 minute and 30 seconds. Allow to cool sufficiently before eating, as IT WILL BE VERY HOT.  †Microwave timings are based on a 900W (cat E) microwave. Check manufacturer's instructions for other wattage.  |                                       |   |  |
| Instructions for use                           | Once prepared, do not store or re  | e-heat.                               |   |  |
| Name and address of FBO                        | Manufactured in the UK by Cambridge Weight Plan Ltd, NN17 5LU.   |                                       |   |  |
| Country of Origin Statement                    | N/A  |                                       |   |  |
| Advisory Statements                            | N/A  |                                       |   |  |
| <b>Lot Mark</b><br>Non-Varnish Area            | Space required for printing Date of Manufacture, Best Before, Lot mark and time.  Format: 'L' to denote lot batch, followed by packing shop order and sequence number, e.g., L123456-1 and time.   |                                       |   |  |

|                 | Preparation Instructions                                    |   |  |  |  |
|-----------------|---|---|--|--|--|
| Crab your bowl. | Add 200ml of hat<br>water along with<br>your bologness mix. | Stir well. Microwave for 10 secs. Stir. Repeat.           | Image Pending                                |  |  |
| Grab your bowl. | Add 200ml of hot water along with your bolognese mix.       | Stir well. Microwave for 90 secs. Stir. Repeat for 1 min. | Your tasty bolognese is ready! Don't reheat. |  |  |

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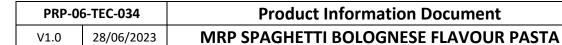


| Nutrition Information |      | per 100g | per 56g serving | %RI per<br>100g/56g |
|-----------------------|------|----------|-----------------|---------------------|
| Energy                | kJ   | 1616     | 905             |                     |
|                       | kcal | 384      | 215             |                     |
| Fat <sup>1,2</sup>    | g    | 8.5      | 4.7             |                     |
| Of which Saturates    | g    | 1.3      | 0.7             |                     |
| Mono-unsaturates      | g    | 0.1      | < 0.1           |                     |
| Polyunsaturates       | g    | 0.3      | 0.2             |                     |
| Carbohydrate          | g    | 46       | 26              |                     |
| Of which Sugars       | g    | 12       | 6.5             |                     |
| Starch                | g    | 24       | 13              |                     |
| Fibre                 | g    | 10       | 5.7             |                     |
| Protein               | g    | 26       | 14              |                     |
| Salt                  | g    | 2.5      | 1.4             |                     |
| Vitamin A             | μg   | 700      | 392             | 88/49               |
| Vitamin D             | μg   | 5.2      | 2.9             | 104/58              |
| Vitamin E             | mg   | 11       | 6.3             | 94/53               |
| Vitamin K             | μg   | 84       | 47              | 112/63              |
| Vitamin C             | mg   | 100      | 56              | 125/70              |
| Thiamin               | mg   | 1.6      | 0.90            | 146/82              |
| Riboflavin            | mg   | 1.4      | 0.80            | 102/57              |
| Niacin                | mg   | 15       | 8.4             | 94/53               |
| Vitamin B6            | mg   | 1.4      | 0.80            | 102/57              |
| Folic acid            | μg   | 275      | 154             | 138/77              |
| Vitamin B12           | μg   | 2.0      | 1.1             | 79/44               |
| Biotin                | μg   | 54       | 30              | 107/60              |
| Pantothenic acid      | mg   | 5.7      | 3.2             | 95/53               |
| Potassium             | mg   | 2049     | 1147            | 102/57              |
| Chloride              | mg   | 639      | 358             | 80/45               |
| Calcium               | mg   | 645      | 361             | 81/45               |
| Phosphorus            | mg   | 1135     | 635             | 162/91              |
| Magnesium             | mg   | 222      | 125             | 59/33               |
| Iron                  | mg   | 34       | 19              | 245/137             |
| Zinc                  | mg   | 7.0      | 3.9             | 70/39               |
| Copper                | mg   | 1.4      | 0.80            | 138/78              |
| Manganese             | mg   | 2.7      | 1.5             | 136/76              |
| Selenium              | μg   | 41       | 23              | 75/42               |
| Chromium              | μg   | 29       | 16              | 72/40               |
| Molybdenum            | μg   | 39       | 22              | 77/43               |
| lodine                | μg   | 104      | 58              | 69/39               |

<sup>&</sup>lt;sup>1</sup>This product is compliant with Commission Regulation (EU) No 2019/649 which stipulates that the trans-fat content of food intended for the final consumer and food intended for supply to retail shall not exceed 2 grams per 100 grams of fat. This limit excludes trans-fats which occur naturally in fats of animal origin.

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<sup>&</sup>lt;sup>2</sup> In compliance with EU Regulation 2016/1413 this product contains at least 1g of linoleic acid per portion.





| Compound Vitamin and Mineral Mixture – Ingredient Details |                           |                              |  |  |
|---|---------------------------|------------------------------|--|--|
| Ingredient  | mg/100g in product recipe | mg/portion in product recipe |  |  |
| Maltodextrin  | 360.657                   | 194.755                      |  |  |
| Vitamin C [Ascorbic acid]                                 | 156.000                   | 84.240                       |  |  |
| Ferrous Fumarate  | 32.500                    | 17.550                       |  |  |
| Vitamin B3 [Nicotinamide]                                 | 22.991                    | 12.415                       |  |  |
| Vitamin E [dl-α tocopheryl acetate]                       | 16.900                    | 9.126                        |  |  |
| Calcium D-pantothenate                                    | 9.185                     | 4.960                        |  |  |
| Zinc Oxide  | 8.450                     | 4.563                        |  |  |
| Copper Gluconate  | 5.363                     | 2.896                        |  |  |
| Manganese Sulphate  | 3.250                     | 1.755                        |  |  |
| Vitamin B1 [Thiamin Hydrochloride]                        | 2.600                     | 1.404                        |  |  |
| Vitamin B6 [Pyridoxine hydrochloride]                     | 2.410                     | 1.301                        |  |  |
| Vitamin B2 [Riboflavin]                                   | 1.982                     | 1.070                        |  |  |
| Vitamin A [Retinol acetate]                               | 1.501                     | 0.811                        |  |  |
| Folic Acid  | 0.313                     | 0.169                        |  |  |
| Potassium Iodate  | 0.211                     | 0.114                        |  |  |
| Chromic Chloride  | 0.169                     | 0.091                        |  |  |
| Vitamin K [α-phylloquinone]                               | 0.106                     | 0.057                        |  |  |
| Sodium Molybdate  | 0.106                     | 0.057                        |  |  |
| Sodium Selenite   | 0.094                     | 0.051                        |  |  |
| D-Biotin  | 0.079                     | 0.043                        |  |  |
| Vitamin D3 [Cholecalciferol]                              | 0.009                     | 0.005                        |  |  |
| Vitamin B12 [Cyanocobalamin]                              | 0.003                     | 0.002                        |  |  |

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| by Cambridg | eWeight Plan' |

### **Non-Mandatory Information**

| Vegetarian Status                                       | Suitable for vegetarians.   |
|---|---|
| Vegan Status  | Not suitable for vegans.  |
| Halal Status  | Product is halal certified.   |
| Ingredients Appropriate for Pictorial<br>Representation | Spaghetti. A QUID will be required for any of these ingredients which are shown pictorially on the packaging or supporting marketing materials. |

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### **Product Information Document**

# by Cambridge Weight Plan

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### MRP SPAGHETTI BOLOGNESE FLAVOUR PASTA

| Nutrition and Health Claims Information  |   |  |  |
|--|---|--|--|
| Claim  | Justification   | Conditions   |  |
| "Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss" | Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.  | In order to bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet. |  |
| "Substituting two of the main daily<br>meals of an energy restricted diet with<br>meal replacements contributes to<br>weight loss"                         | Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.  | In order to bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet. |  |
| "High Protein"   | The energy from protein in this product is >20% of the overall energy content.  | None, unless a corresponding health claim is made.   |  |
| "High Fibre"   | Product contains a minimum of 3.0g of fibre per 100kcal or at least 6g fibre per 100g   | None, unless a corresponding health claim is made.   |  |
| "High [Vit/Min]"   | All vitamins and minerals in the nutritional declaration provide at least 30% of the RI/NRV. (For technical use only - Potassium, Sodium, Fluoride, Chromium, Chloride and Molybdenum are not required to provide at least 30% for MRP products so please exclude these from this claim where relevant) | None, unless a corresponding health claim is made.   |  |

| Micro-Profile         |                  |                   |                   |
|-----------------------|------------------|-------------------|-------------------|
| Organism              | Target           | Accept            | Reject            |
| Aerobic colony count  | < 1,000 c.f.u /g | < 10,000 c.f.u /g | > 10,000 c.f.u /g |
| Staphylococcus Aureus | < 20 c.f.u /g    | < 100 c.f.u /g    | > 100 c.f.u /g    |
| Salmonella            | Absent in 25g    | Absent in 25g     | Present in 25g    |

| Heavy Metal Limits |                          |              |                          |
|--------------------|--------------------------|--------------|--------------------------|
| Lead (Pb)          | Less than 0.30 mg per Kg | Mercury (Hg) | Less than 0.02 mg per Kg |
| Cadmium (Cd)       | Less than 0.05 mg per Kg | Arsenic (As) | Less than 0.20 mg per Kg |

Microbiological standard (c.f.u = colony forming units). Total aflatoxins: less than 5 microgram per kilogram.

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| Revision | Reason for Revision                 | Issue<br>Date |
|----------|-------------------------------------|---------------|
| 1.0      | First issue for new product recipe. | 28/06/2023    |
|          |                                     |               |
|          |                                     |               |
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