

PRP-06-TEC-034		Product Information Document	THE 1:1 DIET by CambridgeWeight Plan [®]
V1.1	29/11/2023	MRP PEANUT CRISPY BAR	

THE 1:1 DIET by CambridgeWeight Plan [®]	Product Summary Information
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Product Name			Peanut Crispy Bar								
Product Descriptive Name			Peanut flavoured soya and milk protein bar covered in milk chocolate. Meal replacement for weight control.								
Energy per 100g:		1596 kJ/381 kcal		Energy per portion:		862 kJ/206 kcal		Shelf Life at Launch:		9 months	
Packing Format(s)			7 X 54 g or 21 X 54 g								
Summary Allergen Statement			Product contains: Milk, Soya, Peanuts . Not suitable for people with peanut, tree nut or sesame seed allergy.								
Product Type			Meal replacement								
Category (✓)											
Shake	Smoothie	Soup	Porridge	Dessert	Savoury Meal	Bites	Bar	Snack	Water Flavouring	Other	
							✓				
CN Code		HS Code		Recipe Code		Recipe Revision		Revision Date			
1806310000		18063100		Pending		1		Pending			

Representative Product Images	
	
	

Organoleptic/Sensory Description	
Appearance	External: Milk chocolate covered bar. Internal: Pale brown with visible crispy pieces.
Aroma	Peanut, milk chocolate, sweet
Flavour	Peanut, milk chocolate, sweet, salty
Texture	Soft, chewy with crunchy pieces

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THE 1:1 DIET by CambridgeWeight Plan [®]	Mandatory Particulars As per Regulation (EU) No 1169/2011 of 25/11/2011	

Product Name	Peanut Crispy Bar		
Descriptive Name	Peanut flavoured soya and milk protein bar covered in milk chocolate. Meal replacement for weight control.		
Serving size / pack size	Individual serving	54 g e	For multipack include number x weight / volume, e mark and total weight in brackets
	Multipack / carton	7 x 54 g e 21 x 54 g e	
Ingredient list	Ingredients: Milk protein, Glucose syrup, Milk chocolate 15% (sugar, cocoa butter, whole milk powder, cocoa mass, whey powder (milk), emulsifier: lecithins (soya), flavouring), Humectant: glycerine, Smooth peanut butter 8% (peanuts , sea salt), Oligofructose, Soya crisps (soya protein, tapioca starch, salt), Textured soya protein, Sunflower oil, Potassium phosphate, Thickener: guar gum, Calcium carbonate, Compound vitamin and mineral mixture (maltodextrin, vitamin C [ascorbic acid], ferrous fumarate, vitamin B3 [nicotinamide], vitamin E [dl- α tocopheryl acetate], zinc oxide, calcium D-pantothenate, manganese sulphate, copper gluconate, vitamin B6 [pyridoxine hydrochloride], vitamin A [retinol acetate], vitamin B1 [thiamine hydrochloride], vitamin B2 [riboflavin], folic acid, potassium iodate, chromic chloride, sodium selenite, sodium molybdate, vitamin K [α -phyllquinone], D-biotin, vitamin D3 [cholecalciferol], vitamin B12 [cyanocobalamin]), Flavouring, Potassium chloride, Magnesium oxide, Salt, Colour: plain caramel.		
Allergen Advice	For allergens, see ingredients in bold . Not suitable for people with peanut, tree nut or sesame seeds allergy. Suitable for vegetarians.		
Storage Instructions	Store in a cool dry place away from direct sources of heat.		
Preparation	None, product is ready to consume.		
Instructions for use	None, product is ready to consume.		
Name and address of FBO	Manufactured in the UK by Cambridge Weight Plan Ltd, NN17 5LU.		
Country of Origin Statement	Made using peanuts of non-UK origin.		
Advisory Statements	None.		
Lot Mark Non-Varnish Area	Space required for printing Date of Manufacture, Best Before, Lot mark and time. Format: ‘L’ to denote lot batch, followed by packing shop order and sequence number, e.g., L123456-1 and time.		

Preparation Instructions
None. Ready to consume.

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Nutrition Information		per 100 g	per 54 g serving	%RI per 100 g/54 g
Energy	kJ	1596	862	
	kcal	381	206	
Fat ^{1,2}	g	13	7.1	
Of which Saturates	g	5.3	2.9	
Mono-unsaturates	g	2.3	1.2	
Polyunsaturates	g	1.5	0.8	
Carbohydrate	g	41	22	
Of which Sugars	g	19	10	
Polyols	g	8.7	4.7	
Starch	g	1.8	1.0	
Fibre	g	8.7	4.7	
Protein	g	26	14	
Salt	g	0.80	0.40	
Vitamin A	µg	648	350	81/44
Vitamin D	µg	4.8	2.6	96/52
Vitamin E	mg	8.5	4.6	71/38
Vitamin K	µg	57	31	75/41
Vitamin C	mg	63	34	79/43
Thiamin	mg	1.1	0.60	101/55
Riboflavin	mg	1.1	0.60	79/43
Niacin	mg	15	8.0	93/50
Vitamin B6	mg	1.1	0.60	79/43
Folic acid	µg	170	92.0	85/46
Vitamin B12	µg	2.0	1.1	81/44
Biotin	µg	48	26	96/52
Pantothenic acid	mg	5.2	2.8	86/47
Potassium	mg	1127	608	56/30
Chloride	mg	452	244	56/30
Calcium	mg	460	249	58/31
Phosphorus	mg	428	231	61/33
Magnesium	mg	220	119	59/32
Iron	mg	9.4	5.1	67/36
Zinc	mg	7.3	3.9	73/39
Copper	mg	0.60	0.30	57/31
Manganese	mg	2.2	1.2	111/60
Selenium	µg	52	28	94/51
Chromium	µg	35	19	88/48
Molybdenum	µg	44	24	89/48
Iodine	µg	117	62.9	78/42

¹This product is compliant with Commission Regulation (EU) No 2019/649 which stipulates that the trans-fat content of food intended for the final consumer and food intended for supply to retail shall not exceed 2 grams per 100 grams of fat. This limit excludes trans-fats which occur naturally in fats of animal origin.

² In compliance with EU Regulation 2016/1413 this product contains at least 1g of linoleic acid per portion.

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Compound Vitamin and Mineral Mixture – Ingredient Details		
Ingredient	mg/100g in product recipe	mg/portion in product recipe
Maltodextrin	753.943	407.129
Vitamin C [Ascorbic acid]	91.149	49.221
Ferrous Fumarate	26.647	14.389
Vitamin B3 [Nicotinamide]	18.474	9.976
Vitamin E [dl- α tocopheryl acetate]	12.156	6.564
Zinc Oxide	8.408	4.540
Calcium D-Pantothenate	6.547	3.536
Manganese Sulphate	4.688	2.532
Copper Gluconate	2.931	1.583
Vitamin B6 [Pyridoxine hydrochloride]	1.805	0.975
Vitamin B1 [Thiamin Hydrochloride]	1.446	0.781
Vitamin B2 [Riboflavin]	1.244	0.672
Vitamin A [Retinol acetate]	1.214	0.656
Folic Acid	0.221	0.119
Potassium Iodate	0.218	0.118
Chromic Chloride	0.177	0.096
Sodium Selenite	0.118	0.064
Sodium Molybdate	0.109	0.059
Vitamin K [α -phyloquinone]	0.082	0.044
D-Biotin	0.053	0.028
Vitamin D3 [Cholecalciferol]	0.007	0.004
Vitamin B12 [Cyanocobalamin]	0.003	0.001

THE 1:1 DIET by CambridgeWeight Plan [®]	Non-Mandatory Information
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Vegetarian Status	Suitable for vegetarians.
Vegan Status	Not suitable for vegans.
Halal Status	Product is halal certified.
Ingredients Appropriate for Pictorial Representation	Milk Chocolate 18%, Peanuts 8% A QUID will be required for any of these ingredients which are shown pictorially on the packaging or supporting marketing materials.

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Nutrition and Health Claims Information		
Claim	Justification	Conditions
"Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss"	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	In order to bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
"Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss"	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	In order to bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
"High Protein"	The energy from protein in this product is >20% of the overall energy content.	None, unless a corresponding health claim is made.
"High Fibre"	Product contains a minimum of 3g of fibre per 100kcal or at least 6g fibre per 100g	None, unless a corresponding health claim is made.
"High [Vit/Min]"	All vitamins and minerals in the nutritional declaration provide at least 30% of the RI/NRV.	None, unless a corresponding health claim is made.

Micro-Profile			
Organism	Target	Accept	Reject
Aerobic colony count	< 1,000 c.f.u /g	< 10,000 c.f.u /g	> 10,000 c.f.u /g
Staphylococcus Aureus	< 20 c.f.u /g	< 100 c.f.u /g	> 100 c.f.u /g
Salmonella	Absent in 25g	Absent in 25g	Present in 25g

Heavy Metal Limits			
Lead (Pb)	Less than 0.30 mg per Kg	Mercury (Hg)	Less than 0.02 mg per Kg
Cadmium (Cd)	Less than 0.05 mg per Kg	Arsenic (As)	Less than 0.20 mg per Kg

Microbiological standard (c.f.u = colony forming units). Total aflatoxins: less than 5 microgram per kilogram.

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Revision	Reason for Revision	Issue Date
1.0	First issue for new product recipe.	23/06/2023
1.1	Milk chocolate QUID corrected in ingredient list.	29/11/2023