

Technical Data Sheet (Product Information)

| | | | |
|-----------------------------|---|-----------|--------|
| Product Name | Sticky Toffee Mug-Cake (MRP) | | |
| Descriptive Name | Toffee flavour milk and soya protein cake mix. With sweetener. Meal replacement for weight control. | | |
| Serving Size | Individual Serving | Pack Size | 54 g e |
| Ingredients | Ingredients: Skimmed milk powder, White self-raising flour (wheat flour (with added calcium carbonate, iron, niacin, thiamin), raising agents (mono calcium phosphate, sodium bicarbonate)), Soya flour, Soya protein isolate, Toffee pieces (glucose syrup, sugar, coconut oil, sweetened condensed milk (condensed milk , sugar), salted butter (butter (milk), salt), emulsifier: soya lecithin, natural flavouring) 4%, Milk protein, Soya lecithin, Flavouring, Powdered cellulose, Compound vitamin and mineral mixture (maltodextrin, vitamin C [ascorbic acid], ferrous fumarate, vitamin E [dl- α tocopheryl acetate], vitamin B3 [nicotinamide], vitamin A [retinyl acetate], manganese sulphate, zinc oxide, copper gluconate, D-biotin, calcium D-pantothenate, vitamin D3 [cholecalciferol], chromic chloride, vitamin K [α -phyloquinone], vitamin B6 [pyridoxine hydrochloride], folic acid, vitamin B1 [thiamine hydrochloride], potassium iodate, sodium selenite, sodium molybdate, vitamin B2 [riboflavin]), Sodium citrate, Stabilisers (xanthan gum, carrageenan), Magnesium oxide, Maltodextrin, Sweetener: sucralose. | | |
| Allergen Advice | For allergens, including cereals containing gluten, see ingredients in bold . May also contain gluten from other cereals. Not suitable for people with peanut, tree nut or sesame seeds allergy. Suitable for vegetarians. | | |
| Storage Suggestions | Store in a cool dry place away from direct sources of heat. | | |
| Preparation Instructions | Place mixture into a standard mug. Add 55ml of cold water and mix well until smooth. Place in microwave on full power for 2mins (900w) to 2 mins:30 seconds(800w). For best results, consume from your mug-cake within 10 minutes. | | |
| Instructions for use | Do not reheat. | | |
| FBO Address | Manufactured in the UK by Cambridge Weight Plan Ltd, NN17 5LU. | | |
| Country of Origin Statement | None. | | |
| Advisory Statement | None. | | |

| Nutritional Information | Units | Per 100g | Per 54 g serving | %RI per 100g / 54 g |
|-------------------------|-------|----------|------------------|---------------------|
| Energy | kJ | 1599 | 863 | |
| Energy | kcal | 379 | 205 | |
| Fat | g | 7.5 | 4.0 | |
| of which saturates | g | 1.8 | 1.0 | |
| Mono-unsaturates | g | 0.9 | 0.5 | |
| Polyunsaturates | g | 3.1 | 1.7 | |
| Carbohydrate | g | 47 | 26 | |
| of which sugars | g | 27 | 15 | |
| Starch | g | 4.9 | 2.7 | |
| Fibre | g | 4.8 | 2.6 | |
| Protein | g | 28 | 15 | |
| Salt | g | 1.3 | 0.7 | |
| Vitamin A | µg | 878 | 474 | 110/59 |
| Vitamin D | µg | 6.7 | 3.6 | 135/73 |
| Vitamin E | mg | 10 | 5.6 | 86/46 |
| Vitamin K | µg | 66 | 35 | 87/47 |
| Vitamin C | mg | 70 | 38 | 88/47 |
| Thiamin | mg | 0.9 | 0.5 | 82/44 |
| Riboflavin | mg | 0.8 | 0.4 | 56/30 |
| Niacin | mg | 14 | 7.5 | 87/47 |
| Vitamin B6 | mg | 1.0 | 0.5 | 69/37 |
| Folic Acid | µg | 111 | 60.0 | 56/30 |
| Vitamin B12 | µg | 1.4 | 0.8 | 56/30 |
| Biotin | µg | 34 | 19 | 69/37 |
| Pantothenic Acid | mg | 3.5 | 1.9 | 59/32 |
| Potassium | mg | 1096 | 592 | 55/30 |
| Chloride | mg | 481 | 260 | 60/32 |
| Calcium | mg | 599 | 324 | 75/40 |
| Phosphorus | mg | 537 | 290 | 77/41 |
| Magnesium | mg | 213 | 115 | 57/31 |
| Iron | mg | 12.6 | 6.8 | 90/48 |
| Zinc | mg | 6.2 | 3.4 | 62/34 |
| Copper | mg | 0.9 | 0.5 | 87/47 |
| Manganese | mg | 2.2 | 1.2 | 108/58 |
| Selenium | µg | 51 | 28 | 93/50 |
| Chromium | µg | 42 | 23 | 104/56 |
| Molybdenum | µg | 58 | 31 | 115/62 |
| Iodine | µg | 239 | 129 | 160/86 |

Distributor & Internal Teams Information

Packaging Format 21 x 54 g e or 7 x 54 g e

Shelf Life 12 months from date of manufacture

Product Type Meal Replacement

| CN Code | HS Code | Recipe Code | Recipe Revision | Revision Date |
|----------|---------|-------------|-----------------|---------------|
| 19019099 | 190190 | 367201A | 1 | 15/07/2024 |

Product Images



Organoleptic / Sensory Description

Appearance Pale brown, soft sponge.

Aroma Sweet, toffee.

Flavour Sweet, toffee, cake.

Texture Soft, light, airy, moist.

Additional Nutritional Information

¹This product is compliant with Commission Regulation (EU) No 2019/649 which stipulates that the trans-fat content of food intended for the final consumer and food intended for supply to retail shall not exceed 2g per 100g of fat. This limit excludes trans-fats which occur naturally in fats of animal origin.

² In compliance with EU Regulation 2016/1413 this product contains at least 1g of linoleic acid per portion.

| Compound Vitamin & Mineral Mixture – Ingredient Details | | |
|---|-----------------------------|--------------------------------|
| Ingredients | mg / 100g in product recipe | mg / portion in product recipe |
| Maltodextrin | 590.09 | 318.65 |
| Vitamin C [Ascorbic acid] | 102.40 | 55.30 |
| Ferrous Fumarate | 32.51 | 17.55 |
| Vitamin B3 [Nicotinamide] | 20.20 | 10.91 |
| Vitamin E [dl- α tocopheryl acetate] | 15.17 | 8.19 |
| Zinc Oxide | 4.80 | 2.59 |
| Calcium D-pantothenate | 4.08 | 2.20 |
| Manganese Sulphate | 3.88 | 2.09 |
| Copper Gluconate | 2.22 | 1.20 |
| Vitamin B6 [Pyridoxine hydrochloride] | 1.54 | 0.83 |
| Vitamin A [Retinyl acetate] | 1.39 | 0.75 |
| Vitamin B1 [Thiamin hydrochloride] | 1.10 | 0.59 |
| Potassium Iodate | 0.22 | 0.12 |
| Vitamin B2 [Riboflavin] | 0.16 | 0.09 |
| Folic Acid | 0.12 | 0.06 |
| Vitamin K [α -phyloquinone] | 0.09 | 0.05 |
| Sodium Selenite | 0.09 | 0.05 |
| Sodium Molybdate | 0.06 | 0.03 |
| Chromic Chloride | 0.05 | 0.03 |
| D-Biotin | 0.04 | 0.02 |
| Vitamin D3 [Cholecalciferol] | 0.01 | 0.00 |
| Dietary Preference Information | | |
| Vegetarian Status | Suitable for vegetarians. | |
| Vegan Status | Not suitable for vegans. | |
| Halal Status | Product is halal certified. | |
| Ingredients Appropriate for Pictorial Representation | Toffee. | |

Nutritional & Health Claims Information

| Claim | Justification | Conditions |
|--|---|---|
| "Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss" | Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413. | To bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet. |
| "Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss" | Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413. | To bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet. |
| "High Protein" | The energy from protein in this product is >20% of the overall energy content. | None, unless a corresponding health claim is made. |
| "Source of Fibre" | Product contains a minimum of 1.5g of fibre per 100kcal or at least 3.0g fibre per 100g. | None, unless a corresponding health claim is made. |
| "High [Vit/Min]" | All vitamins and minerals in the nutritional declaration provide at least 30% of the RI/NRV. Excluding potassium. | None, unless a corresponding health claim is made. |

Micro Profile

| Organism | Target | Accept | Reject |
|------------------------------|-------------------|--------------------|--------------------|
| Aerobic Colony Count | < 1,000 c.f.u / g | < 10,000 c.f.u / g | > 10,000 c.f.u / g |
| Staphylococcus Aureus | < 20 c.f.u / g | < 100 c.f.u / g | > 100 c.f.u / g |
| Salmonella | Absent in 25g | Absent in 25g | Present in 25g |

Heavy Metal Limits

| | | | |
|---------------------|------------------------|---------------------|------------------------|
| Lead (Pb) | Less than 0.30mg pr Kg | Mercury (Hg) | Less than 0.02mg pr Kg |
| Cadmium (Cd) | Less than 0.05mg pr Kg | Arsenic (As) | Less than 0.20mg pr Kg |

Microbiological Standard (c.f.u = colony forming units). Total aflatoxins: less than 5 microgram per kilogram.

Version Control (Technical use only)

| Revision | Reason for Revision | Issue Date |
|----------|-------------------------|------------|
| 1.0 | Product launch. | 19/06/2024 |
| 1.1 | Halal status confirmed. | 26/09/2024 |