

PRP-06-TEC-034		Product Information Document	THE 1:1 DIET by CambridgeWeight Plan [®]
V1.1	19/02/2024	MRP COOKIES & CREAM BAR	

THE 1:1 DIET by CambridgeWeight Plan [®]	Product Summary Information
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Product Name			Cookies & Cream Flavour Bar							
Product Descriptive Name			Cookie and cream flavour soya and milk protein bar covered in milk chocolate. Meal replacement for weight control.							
Energy per 100g:		1647 kJ/392 kcal	Energy per portion:		873 kJ/208 kcal	Shelf Life at Launch:		9 months		
Packing Format(s)			21 X 53 g or 7 X 53 g							
Summary Allergen Statement			Product contains: Milk, Soya, and Wheat (Gluten) . Not suitable for people with peanut, tree nut or sesame seed allergy.							
Product Type			Meal replacement							
Category (✓)										
Shake	Smoothie	Soup	Porridge	Dessert	Savoury Meal	Bites	Bar	Snack	Water Flavouring	Other
							✓			
CN Code		HS Code		Recipe Code		Recipe Revision		Revision Date		
18063100		180631		Pending		1		Pending		

Representative Product Images	
	
	

Organoleptic/Sensory Description	
Appearance	External: Milk chocolate coated bar. Internal: Brown core with visible cookie pieces.
Aroma	Chocolate, milk, sweet.
Flavour	Chocolate, milky, sweet, creamy, cookie/biscuit.
Texture	Soft, crispy, chewy.
Sound	N/A

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 by CambridgeWeight Plan [®]	Mandatory Particulars	
	As per Regulation (EU) No 1169/2011 of 25/11/2011	

Product Name	Cookies & Cream Flavour Bar		
Descriptive Name	Cookie and cream flavour soya and milk protein bar covered in milk chocolate. Meal replacement for weight control.		
Serving size / pack size	Individual serving	53g e	For multipack include number x weight / volume, e mark and total weight in brackets
	Multipack / carton	7 X 53 g e 21 X 53 g e	
Ingredient list	Ingredients: Milk chocolate 19% (sugar, cocoa butter, whole milk powder, cocoa mass, whey powder (milk), emulsifier: lecithins (soya), flavouring), Milk protein, Soya crisps (soya protein, tapioca starch, salt), Crème filled cookie piece 9.9% (sugar, wheat flour (with added: calcium carbonate, niacin, iron, thiamine), vegetable oil (palm, palm kernel), cocoa powder, chocolate liquor, salt, raising agent: sodium bicarbonate, emulsifier: soya lecithin, natural flavouring), Humectant: glycerine, Partially inverted sugar syrup, Glucose syrup, Milk protein, Oligofructose, Sunflower oil, Water, Potassium phosphate, Flavouring, Calcium carbonate, Potassium chloride, Compound vitamin and mineral mixture (maltodextrin, vitamin C [ascorbic acid], ferrous fumarate, vitamin B3 [nicotinamide], vitamin E [dl-α tocopheryl acetate], zinc oxide, calcium D-pantothenate, copper gluconate, manganese sulphate, vitamin B6 [pyridoxine hydrochloride], vitamin B1 [thiamine hydrochloride], vitamin A [retinol acetate], vitamin B2 [riboflavin], folic acid, potassium iodate, chromic chloride, sodium molybdate, sodium selenite, vitamin K [α-phyloquinone], D-biotin, vitamin D3 [cholecalciferol], vitamin B12 [cyanocobalamin]), Magnesium oxide, Colour: plain caramel, Sodium citrate.		
Allergen Advice	For allergens, including cereals containing gluten, see ingredients in bold . Not suitable for people with peanut, tree nut or sesame seeds allergy. Suitable for vegetarians.		
Storage Instructions	Store in a cool dry place away from direct sources of heat.		
Preparation	None – Product is ready to consume.		
Instructions for use	None – Product is ready to consume.		
Name and address of FBO	Manufactured in the UK by Cambridge Weight Plan Ltd, NN17 5LU.		
Country of Origin Statement	Made using cookie pieces of UK, EU and Non-EU origin.		
Advisory Statements	None.		
Lot Mark Non-Varnish Area	Space required for printing Date of Manufacture, Best Before, Lot mark and time. Format: ‘L’ to denote lot batch, followed by packing shop order and sequence number, e.g., L123456-1 and time.		

Preparation Instructions
None – Product is ready to consume.

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Circulation: Technical Record Sheets Folder

Nutrition Information		per 100g	per 53g serving	%RI per 100g/53g
Energy	kJ	1647	873	
	kcal	392	208	
Fat ^{1,2}	g	13	6.8	
Of which Saturates	g	6.8	3.6	
Mono-unsaturates	g	3.4	1.8	
Polyunsaturates	g	2.0	1.1	
Carbohydrate	g	44	23	
Of which Sugars	g	26	14	
Polyols	g	8.0	4.2	
Starch	g	5.4	2.9	
Fibre	g	4.8	2.6	
Protein	g	26	14	
Salt	g	0.83	0.44	
Vitamin A	µg	642	340	80/43
Vitamin D	µg	3.6	1.9	72/38
Vitamin E	mg	10	5.4	85/45
Vitamin K	µg	61	33	82/43
Vitamin C	mg	79	42	99/53
Thiamin	mg	1.1	0.60	103/55
Riboflavin	mg	0.90	0.50	67/36
Niacin	mg	15	7.9	93/49
Vitamin B6	mg	0.90	0.50	67/36
Folic acid	µg	189	100	94/50
Vitamin B12	µg	1.4	0.80	57/30
Biotin	µg	38	20	75/40
Pantothenic acid	mg	4.0	2.1	66/35
Potassium	mg	1179	625	59/31
Chloride	mg	456	242	57/30
Calcium	mg	461	244	58/31
Phosphorus	mg	401	212	57/30
Magnesium	mg	213	113	57/30
Iron	mg	11	5.8	78/41
Zinc	mg	7.4	3.9	74/39
Copper	mg	0.80	0.40	78/42
Manganese	mg	1.5	0.80	76/40
Selenium	µg	40	21	73/39
Chromium	µg	32	17	79/42
Molybdenum	µg	40	21	79/42
Iodine	µg	100	52.9	67/35

¹This product is compliant with Commission Regulation (EU) No 2019/649 which stipulates that the trans-fat content of food intended for the final consumer and food intended for supply to retail shall not exceed 2 grams per 100 grams of fat. This limit excludes trans-fats which occur naturally in fats of animal origin.

² In compliance with EU Regulation 2016/1413 this product contains at least 1g of linoleic acid per portion.

Compound Vitamin and Mineral Mixture – Ingredient Details		
Ingredient	mg/100g in product recipe	mg/portion in product recipe
Maltodextrin	650.023	344.512
Vitamin C [Ascorbic acid]	91.137	48.303
Ferrous Fumarate	31.657	16.778
Vitamin B3 [Nicotinamide]	17.154	9.092
Vitamin E [dl-α tocopheryl acetate]	11.263	5.969
Zinc Oxide	8.953	4.745
Calcium D-Pantothenate	6.089	3.227
Copper Gluconate	5.594	2.965
Manganese Sulphate	4.684	2.482
Vitamin B6 [Pyridoxine hydrochloride]	1.600	0.848
Vitamin B1 [Thiamin Hydrochloride]	1.483	0.786
Vitamin B2 [Riboflavin]	1.142	0.605
Vitamin A [Retinol acetate]	1.069	0.567
Folic Acid	0.217	0.115
Potassium Iodate	0.187	0.099
Chromic Chloride	0.153	0.081
Sodium Molybdate	0.094	0.050
Sodium Selenite	0.091	0.048
Vitamin K [α-phyloquinone]	0.074	0.039
D-Biotin	0.055	0.029
Vitamin D3 [Cholecalciferol]	0.006	0.003
Vitamin B12 [Cyanocobalamin]	0.001	0.001

THE 1:1 DIET by CambridgeWeight Plan [®]	Non-Mandatory Information
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Vegetarian Status	Suitable for vegetarians.
Vegan Status	Not suitable for vegans.
Halal Status	Product is halal certified.
Ingredients Appropriate for Pictorial Representation	<i>Milk Chocolate, Crème filled cookie pieces</i>

Nutrition and Health Claims Information		
Claim	Justification	Conditions
“Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss”	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	In order to bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
“Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss”	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	In order to bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
“High Protein”	The energy from protein in this product is >20% of the overall energy content.	None, unless a corresponding health claim is made.
“Source of Fibre”	Product contains a minimum of 1.5g of fibre per 100kcal or at least 3g fibre per 100g	None, unless a corresponding health claim is made.
“High [Vit/Min]”	All vitamins and minerals in the nutritional declaration provide at least 30% of the RI/NRV.	None, unless a corresponding health claim is made.

Micro-Profile			
Organism	Target	Accept	Reject
Aerobic colony count	< 1,000 c.f.u /g	< 10,000 c.f.u /g	> 10,000 c.f.u /g
Staphylococcus Aureus	< 20 c.f.u /g	< 100 c.f.u /g	> 100 c.f.u /g
Salmonella	Absent in 25g	Absent in 25g	Present in 25g

Heavy Metal Limits			
Lead (Pb)	Less than 0.30 mg per Kg	Mercury (Hg)	Less than 0.02 mg per Kg
Cadmium (Cd)	Less than 0.05 mg per Kg	Arsenic (As)	Less than 0.20 mg per Kg

Microbiological standard (c.f.u = colony forming units). Total aflatoxins: less than 5 microgram per kilogram.

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THE 1:1 DIET by CambridgeWeight Plan'	Version Control (Technical Use Only)
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Revision	Reason for Revision	Issue Date
1.0	First issue for revised product recipe.	21/06/2023
1.1	Vitamin B12 declaration corrected.	19/02/2024

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