

PRP-06-TEC-034		Product Information Document	THE 1:1 DIET by CambridgeWeight Plan <sup>®</sup>
V1.0	22/06/2023	MRP FRUIT & NUT BAR	

<b>THE 1:1 DIET</b> by CambridgeWeight Plan <sup>®</sup>	Product Summary Information
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Product Name			Fruit & Nut Bar								
Product Descriptive Name			Raisin and hazelnut flavour soya and milk protein bar covered in dark chocolate. Meal replacement for weight control.								
Energy per 100g:		1583 kJ/377 kcal		Energy per portion:		887 kJ/211 kcal		Shelf Life at Launch:		9 months	
Packing Format(s)			7 x 56g or 21 X 56g								
Summary Allergen Statement (amend as appropriate)			Product contains: <b>Milk, Soya, Hazelnut</b> . Not suitable for people with peanut, tree nut or sesame seed allergy.								
Product Type			Meal replacement								
					Category (✓)						
Shake	Smoothie	Soup	Porridge	Dessert	Savoury Meal	Bites	Bar	Snack	Water Flavouring	Other	
							✓				
CN Code		HS Code		Recipe Code		Recipe Revision		Revision Date			
1806321000		18063210		Pending		1		Pending			

#### Representative Product Images



#### Organoleptic/Sensory Description

Appearance	External: Dark/Plain chocolate coated bar. Internal: Dark brown bar with raisins, and visible crispy pieces.
Aroma	Fruity, nutty, chocolatey
Flavour	Fruity, nutty, salty, chocolatey
Texture	Chewy with crispy bits and soft raisins

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<b>THE 1:1 DIET</b> by CambridgeWeight Plan <sup>®</sup>	<b>Mandatory Particulars</b> As per Regulation (EU) No 1169/2011 of 25/11/2011	

Product Name	Fruit & Nut Bar		
Descriptive Name	Raisin and hazelnut flavour soya and milk protein bar covered in dark chocolate. Meal replacement for weight control.		
Serving size / pack size	Individual serving	56g e	For multipack include number x weight / volume, e mark and total weight in brackets
	Multipack / carton	7 X 56g e 21 X 56g e	
Ingredient list	<b>Ingredients:</b> Milk protein, Glucose syrup, Raisins 14.7% (raisins, sunflower oil), Dark chocolate 13.8% (sugar, cocoa mass, cocoa butter, emulsifier: lecithins ( <b>soya</b> )), Humectant: glycerine, <b>Hazelnut</b> butter 7%, <b>Soya</b> crisps ( <b>soya</b> protein, tapioca starch, salt), Oligofructose, Reduced fat cocoa powder, Textured <b>soya</b> protein, Sunflower oil, Potassium phosphate, Calcium carbonate, Compound vitamin and mineral mixture (maltodextrin, vitamin C [ascorbic acid], ferrous fumarate, vitamin B3 [nicotinamide], vitamin E [dl-α tocopheryl acetate], zinc oxide, calcium D-pantothenate, manganese sulphate, copper gluconate, vitamin B6 [pyridoxine hydrochloride], vitamin A [retinol acetate], vitamin B1 [thiamine hydrochloride], vitamin B2 [riboflavin], folic acid, potassium iodate, chromic chloride, sodium selenite, sodium molybdate, vitamin K [α-phyllquinone], D-biotin, vitamin D3 [cholecalciferol], vitamin B12 [cyanocobalamin]), Potassium chloride, Salt, Magnesium oxide, Flavouring.		
Allergen Advice	For allergens, <b>see ingredients in bold</b> . Not suitable for people with peanut, tree nut or sesame seeds allergy. Suitable for vegetarians.		
Storage Instructions	Store in a cool dry place away from direct sources of heat.		
Preparation	None – ready to consume		
Instructions for use	None – ready to consume		
Name and address of FBO	Manufactured in the UK by Cambridge Weight Plan Ltd, NN17 5LU.		
Country of Origin Statement	Made using raisins and hazelnuts of non-GB origin.		
Advisory Statements	May contain raisin stems and hazelnut shell pieces.		
Lot Mark Non-Varnish Area	Space required for printing Date of Manufacture, Best Before, Lot mark and time. Format: ‘L’ to denote lot batch, followed by packing shop order and sequence number, e.g., L123456-1 and time.		

<b>Preparation Instructions</b>
None – ready to consume

X:\Technical\Existing Product Information - D2D\1. Meal Replacement Products\Bars & Bites\MRP Fruit & Nut Bar (DC)\003 Product Info Document - MRP Fruit & Nut Bar (MLP) 22-06-2023 v1.0.docx	Issued by: M Kidd	Approved by: <b>TECHNICAL</b>
		Page 2 of 6

Circulation: Technical Record Sheets Folder

Nutrition Information		per 100 g	per 56 g serving	%RI per 100 g/56 g
Energy	kJ	1583	887	
	kcal	377	211	
Fat <sup>1,2</sup>	g	13	7.0	
Of which Saturates	g	4.3	2.4	
Mono-unsaturates	g	2.1	1.2	
Polyunsaturates	g	1.2	0.7	
Carbohydrate	g	43	24	
Of which Sugars	g	24	14	
Polyols	g	8.4	4.7	
Starch	g	1.8	1.0	
Fibre	g	5.2	2.9	
Protein	g	24	14	
Salt	g	0.77	0.43	
Vitamin A	µg	571	320	71/40
Vitamin D	µg	3.8	2.1	75/42
Vitamin E	mg	6.4	3.6	54/30
Vitamin K	µg	51	29	68/38
Vitamin C	mg	46	26	58/33
Thiamin	mg	0.90	0.50	81/45
Riboflavin	mg	0.80	0.40	54/30
Niacin	mg	9.5	5.3	59/33
Vitamin B6	mg	0.80	0.40	54/30
Folic acid	µg	120	67.0	60/34
Vitamin B12	µg	1.6	0.90	64/36
Biotin	µg	27	15	54/30
Pantothenic acid	mg	3.2	1.8	54/30
Potassium	mg	987	553	49/28
Chloride	mg	433	242	54/30
Calcium	mg	431	241	54/30
Phosphorus	mg	376	210	54/30
Magnesium	mg	206	115	55/31
Iron	mg	9.0	5.0	64/36
Zinc	mg	5.4	3.0	54/30
Copper	mg	0.90	0.50	86/48
Manganese	mg	1.2	0.70	62/34
Selenium	µg	39	22	70/39
Chromium	µg	31	18	78/44
Molybdenum	µg	39	22	78/44
Iodine	µg	86.5	48.5	58/32

<sup>1</sup>This product is compliant with Commission Regulation (EU) No 2019/649 which stipulates that the trans-fat content of food intended for the final consumer and food intended for supply to retail shall not exceed 2 grams per 100 grams of fat. This limit excludes trans-fats which occur naturally in fats of animal origin.

<sup>2</sup> In compliance with EU Regulation 2016/1413 this product contains at least 1g of linoleic acid per portion.

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Compound Vitamin and Mineral Mixture – Ingredient Details		
Ingredient	mg/100g in product recipe	mg/portion in product recipe
Maltodextrin	563.473	315.545
Vitamin C [Ascorbic acid]	68.122	38.148
Ferrous Fumarate	19.915	11.152
Vitamin B3 [Nicotinamide]	13.807	7.732
Vitamin E [dl-α tocopheryl acetate]	9.085	5.088
Zinc Oxide	6.284	3.519
Calcium D-pantothenate	4.893	2.740
Manganese Sulphate	3.504	1.962
Copper Gluconate	2.191	1.227
Vitamin B6 [Pyridoxine hydrochloride]	1.349	0.755
Vitamin B1 [Thiamin hydrochloride]	1.081	0.605
Riboflavin	0.930	0.521
Vitamin A [Retinol acetate]	0.908	0.508
Folic Acid	0.165	0.093
Potassium Iodate	0.163	0.091
Chromic Chloride	0.132	0.074
Sodium Selenite	0.088	0.049
Sodium Molybdate	0.082	0.046
Vitamin K [α-phyloquinone]	0.061	0.034
D-Biotin	0.039	0.022
Vitamin D3 [Cholecalciferol]	0.005	0.003
Vitamin B12 [Cyanocobalamin]	0.002	0.001

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<b>Vegetarian Status</b>	Suitable for vegetarians.
<b>Vegan Status</b>	Not suitable for vegans.
<b>Halal Status</b>	Product is halal certified.
<b>Ingredients Appropriate for Pictorial Representation</b>	Dark Chocolate, Cocoa (beans), Raisins. A QUID will be required for any of these ingredients which are shown pictorially on the packaging or supporting marketing materials.

X:\Technical\Existing Product Information - D2D\1. Meal Replacement Products\Bars & Bites\MRP Fruit & Nut Bar (DC)\003 Product Info Document - MRP Fruit & Nut Bar (MLP) 22-06-2023 v1.0.docx	Issued by: M Kidd	Approved by: <b>TECHNICAL</b>
		Page 4 of 6

Circulation: Technical Record Sheets Folder

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Nutrition and Health Claims Information		
Claim	Justification	Conditions
“Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss”	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	In order to bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
“Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss”	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	In order to bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
“High Protein”	The energy from protein in this product is >20% of the overall energy content.	None, unless a corresponding health claim is made.
“Source of Fibre”	Product contains a minimum of 1.5g of fibre per 100kcal or at least 3g fibre per 100g	None, unless a corresponding health claim is made.
“High [Vit/Min]”	All vitamins and minerals in the nutritional declaration provide at least 30% of the RI/NRV.	None, unless a corresponding health claim is made.

Micro-Profile			
Organism	Target	Accept	Reject
Aerobic colony count	< 1,000 c.f.u /g	< 10,000 c.f.u /g	> 10,000 c.f.u /g
Staphylococcus Aureus	< 20 c.f.u /g	< 100 c.f.u /g	> 100 c.f.u /g
Salmonella	Absent in 25g	Absent in 25g	Present in 25g

Heavy Metal Limits			
Lead (Pb)	Less than 0.30 mg per Kg	Mercury (Hg)	Less than 0.02 mg per Kg
Cadmium (Cd)	Less than 0.05 mg per Kg	Arsenic (As)	Less than 0.20 mg per Kg

Microbiological standard (c.f.u = colony forming units). Total aflatoxins: less than 5 microgram per kilogram.

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		Page 5 of 6

Circulation: Technical Record Sheets Folder

PRP-06-TEC-034		Product Information Document	THE 1:1 DIET by CambridgeWeight Plan'
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Revision	Reason for Revision	Issue Date
1.0	First issue for new product recipe.	22/06/2023