

# Technical Data Sheet (Product Information)

Product Name	Honey Nut Flavour Cornflakes (MRP)		
Descriptive Name	Honey and nut flavour milk and soya protein mix with mini cornflakes. With sweeteners. Meal replacement for weight control.		
Serving Size	Individual Serving	Pack Size	54 g e
Ingredients	<b>Ingredients:</b> Mini cornflakes (maize, sugar, <b>barley</b> malt extract, salt) 39%, Skimmed <b>milk</b> powder, <b>Milk</b> protein, <b>Soya</b> lecithin, Powdered cellulose, Refined <b>soya</b> oil, Compound vitamin and mineral mixture (maltodextrin, vitamin C [ascorbic acid], ferrous fumarate, vitamin E [dl- $\alpha$ tocopheryl acetate], vitamin B3 [nicotinamide], vitamin A [retinyl acetate], manganese sulphate, zinc oxide, copper gluconate, D-biotin, calcium D-pantothenate, vitamin D3 [cholecalciferol], chromic chloride, vitamin K [ $\alpha$ -phyloquinone], vitamin B6 [pyridoxine hydrochloride], folic acid, vitamin B1 [thiamine hydrochloride], potassium iodate, sodium selenite, sodium molybdate, vitamin B2 [riboflavin]), Flavouring, Sodium citrate, Glucose syrup, Calcium phosphate, Potassium chloride, Magnesium oxide, Maltodextrin, Stabiliser: carrageenan, Sweeteners (acesulfame K, sucralose).		
Allergen Advice	For allergens, including cereals containing gluten, <b>see ingredients in bold</b> . Not suitable for people with peanut, tree nut or sesame seeds allergy. Suitable for vegetarians.		
Storage Suggestions	Store in a cool dry place away from direct sources of heat.		
Preparation Instructions	Pour 140ml of cold water into a container and add sachet contents. Using a spoon, mix until the powder is well dissolved.		
Instructions for use	None.		
FBO Address	Manufactured in the UK by Cambridge Weight Plan Ltd, NN17 5LU.		
Country of Origin Statement	None.		
Advisory Statement	None.		

Nutritional Information	Units	Per 100g	Per 54 g serving	%RI per 100g / 54 g
Energy	kJ	1630	880	
Energy	kcal	386	208	
Fat	g	6.4	3.5	
of which saturates	g	1.4	0.8	
Mono-unsaturates	g	0.7	0.4	
Polyunsaturates	g	2.6	1.4	
Carbohydrate	g	55.6	30.0	
of which sugars	g	21.6	11.7	
Starch	g	1.3	0.7	
Fibre	g	4.8	2.6	
Protein	g	24.2	13.0	
Salt	g	1.2	0.6	
Vitamin A	µg	1044	564	
Vitamin D	µg	7.3	4.0	
Vitamin E	mg	13	7.0	
Vitamin K	µg	78	42	
Vitamin C	mg	89	48	
Thiamin	mg	1.1	0.6	
Riboflavin	mg	0.8	0.4	
Niacin	mg	17	9.4	
Vitamin B6	mg	1.2	0.6	
Folic Acid	µg	111	60.0	
Vitamin B12	µg	1.4	0.8	
Biotin	µg	40	21	
Pantothenic Acid	mg	4.0	2.1	
Potassium	mg	926	500	
Chloride	mg	576	311	
Calcium	mg	616	333	
Phosphorus	mg	588	317	
Magnesium	mg	210	114	
Iron	mg	14	7.3	
Zinc	mg	6.4	3.5	
Copper	mg	0.8	0.4	
Manganese	mg	2.3	1.3	
Selenium	µg	60	32	
Chromium	µg	51	27	
Molybdenum	µg	35	19	
Iodine	µg	230	124	

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### Distributor & Internal Teams Information

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**Packaging Format** 14 x 54 g e or 7 x 54 g e

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**Shelf Life** 12 months from date of manufacture

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**Product Type** Meal Replacement

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CN Code	HS Code	Recipe Code	Recipe Revision	Revision Date
19041030	190410	367401A	1	15/07/2024

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### Product Images

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### Organoleptic / Sensory Description

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**Appearance** Golden orange mini cornflakes in an off-white, creamy/milky liquid.

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**Aroma** Sweet, nut, milk.

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**Flavour** Sweet, nut, milk.

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**Texture** Crunchy cornflakes in a smooth, creamy/milky liquid.

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### Additional Nutritional Information

<sup>1</sup>This product is compliant with Commission Regulation (EU) No 2019/649 which stipulates that the trans-fat content of food intended for the final consumer and food intended for supply to retail shall not exceed 2g per 100g of fat. This limit excludes trans-fats which occur naturally in fats of animal origin.

<sup>2</sup> In compliance with EU Regulation 2016/1413 this product contains at least 1g of linoleic acid per portion.

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Compound Vitamin & Mineral Mixture – Ingredient Details		
Ingredients	mg / 100g in product recipe	mg / portion in product recipe
Maltodextrin	752.37	406.28
Vitamin C [Ascorbic acid]	130.56	70.50
Ferrous Fumarate	41.44	22.38
Vitamin B3 [Nicotinamide]	25.76	13.91
Vitamin E [dl- $\alpha$ tocopheryl acetate]	19.34	10.44
Zinc Oxide	6.12	3.30
Calcium D-pantothenate	5.20	2.81
Manganese Sulphate	4.94	2.67
Copper Gluconate	2.83	1.53
Vitamin B6 [Pyridoxine hydrochloride]	1.97	1.06
Vitamin A [Retinyl acetate]	1.77	0.95
Vitamin B1 [Thiamin hydrochloride]	1.40	0.76
Potassium Iodate	0.28	0.15
Vitamin B2 [Riboflavin]	0.21	0.11
Folic Acid	0.15	0.08
Vitamin K [ $\alpha$ -phyllloquinone]	0.12	0.06
Sodium Selenite	0.11	0.06
Sodium Molybdate	0.08	0.04
Chromic Chloride	0.06	0.03
D-Biotin	0.06	0.03
Vitamin D3 [Cholecalciferol]	0.01	< 0.01
Dietary Preference Information		
Vegetarian Status	Suitable for vegetarians.	
Vegan Status	Not suitable for vegans.	
Halal Status	Product is halal certified.	
Ingredients Appropriate for Pictorial Representation	Mini Cornflakes.	

**Nutritional & Health Claims Information**

Claim	Justification	Conditions
"Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss"	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	To bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
"Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss"	Product nutrition is compliant with the conditions stated in the annex of regulation (EU) 2016/1413.	To bear the claim, information shall be provided to the consumer on the importance of maintaining an adequate daily fluid intake and on the fact that the products are useful for the intended use only as part of an energy-restricted diet and that other foodstuffs should be a necessary part of such a diet.
"High Protein"	The energy from protein in this product is >20% of the overall energy content.	None, unless a corresponding health claim is made.
"High [Vit/Min]"	All vitamins and minerals in the nutritional declaration provide at least 30% of the RI/NRV. Excluding potassium.	None, unless a corresponding health claim is made.

**Micro Profile**

Organism	Target	Accept	Reject
<b>Aerobic Colony Count</b>	< 1,000 c.f.u / g	< 10,000 c.f.u / g	> 10,000 c.f.u / g
<b>Staphylococcus Aureus</b>	< 20 c.f.u / g	< 100 c.f.u / g	> 100 c.f.u / g
<b>Salmonella</b>	Absent in 25g	Absent in 25g	Present in 25g

**Heavy Metal Limits**

<b>Lead (Pb)</b>	Less than 0.30mg pr Kg	<b>Mercury (Hg)</b>	Less than 0.02mg pr Kg
<b>Cadmium (Cd)</b>	Less than 0.05mg pr Kg	<b>Arsenic (As)</b>	Less than 0.20mg pr Kg

Microbiological Standard (c.f.u = colony forming units). Total aflatoxins: less than 5 microgram per kilogram.

**Version Control (Technical use only)**

Revision	Reason for Revision	Issue Date
1.0	Product launch.	25/09/2024